

**DOW MEDICAL COLLEGE**  
**FIRST PROFESSIONAL YEAR MBBS- BATCH 2031**  
**FOUNDATION-I MODULE (2026)**  
**TIME TABLE: WEEK 3**

Days	8:30- 9:30 AM	9:30 - 10:30 AM		11:00 - 12:30 PM		1:30 – 3:00 PM
MON 2/2	<b>BIOCHEMISTRY</b> Enzymes: Mechanism of action <b>DR SADIA AFZAL</b> <b>NLH-1</b>	<b>HISTOLOGY</b> Cytoskeleton & Inclusions <b>DR SAAD KHALID</b> <b>NLH-1</b>	T E A  B R E A K	1. A = <b>BIOCHEMISTRY</b> The Techniques Used To Study Macromolecules: Photometry. <b>DR AREEBA BIOCHEM DEPARTMENT</b> 2. B = <b>PHYSIOLOGY</b> (Tuto) Membrane Transport <b>DR KANWAL BLOOD LAB</b> 3. C= <b>CBL DR FAREEHA BUTT HALL #101</b> 4. D2 = <b>SKILL LAB</b> First Aid <b>SKILL LAB</b> D1 = <b>SELF STUDY</b> 5. E = <b>SELF STUDY</b> 6. F = <b>SELF STUDY</b>	L U N C H  B R E A K  A N D  N A M A Z  E Z O H A R	<b>HISTOLOGY</b> Cell Junctions <b>DR AMNA MUGHAL</b> <b>NLH-1</b>
TUES 3/2	<b>PHYSIOLOGY</b> Intercellular Connections <b>DR GHAZALA</b> <b>FARRUKH</b> <b>NLH-1</b>	<b>PATHOLOGY</b> Cell injury and cell death I <b>DR SAMRA WAHEED</b> <b>NLH-1</b>		1. B = <b>DR AREEBA</b> 2. C = <b>DR ZURQA</b> 3. D = <b>DR SHAZIA NAZAR</b> 4. E = <b>SKILL LAB</b> 5. F = <b>SELF STUDY</b> 6. A = <b>SELF STUDY</b>		<b>PATHOLOGY</b> Human Genetic Architecture <b>DR SAMRA WAHEED</b> <b>NLH-1</b>
WED 4/2	<b>PATHOLOGY</b> Cell injury and cell death II <b>DR SAMRA WAHEED</b> <b>NLH-1</b>	<b>BIOCHEMISTRY</b> Bioenergetics : Role of ATP <b>PROF DANISH HASEEN</b> <b>NLH-1</b>		1. C = <b>DR AREEBA</b> 2. D = <b>DR SANA ZEESHAN</b> 3. E = <b>DR ERUM AGFAQ</b> 4. F = <b>SKILL LAB</b> 5. A = <b>SELF STUDY</b> 6. B = <b>SELF STUDY</b>		<b>PRACTICAL SLOT</b> 1. D = <b>DR TEHMINA</b> 2. E = <b>DR SHAYAN</b> 3. F = <b>DR SHAZIA NAZAR</b> 4. A = <b>SKILL LAB</b> 5. B = <b>SELF STUDY</b> 6. C = <b>SELF STUDY</b>
THURS 5/2	<b>KASHMIR DAY</b>					
Fri 6/2	<b>GROSS ANATOMY: (DEMO)</b> Skeletal System:(Division and Function) Classification of Bones A+B+ C = <b>DR SABAAT ZAIDI</b> <b>NLH -1</b> D = <b>DR SHUMAILA FAHIM</b> <b>HALL # 101</b> E = <b>DR HINA ZEHRA</b> <b>HALL # 102</b> F = <b>DR SHANZA KHALIQ</b> <b>HALL # 104</b>			<b>10:30 AM – 12:00 PM</b> 1. E = <b>DR TEHMINA</b> 2. F = <b>DR OWAIS</b> 3. A = <b>DR GHAZALA FARRUKH</b> 4. B = <b>SKILL LAB</b> 5. C = <b>SELF STUDY</b> 6. D = <b>SELF STUDY</b>		
Sat 7/2	<b>HISTOLOGY</b> Epithelium:1 Simple Epithelium (Types, ,Location, Functions) <b>DR FARAZ SALEEM</b> <b>NLH-1</b>	<b>HISTOLOGY</b> Epithelium:2 Stratified Epithelium (Types, Location, Functions) <b>DR AMIR AHMED</b> <b>NLH-1</b>	T E A  B R E A K	1. F = <b>DR TEHMINA</b> 2. A = <b>DR KANWAL</b> 3. B = <b>DR ZURQA KHALID</b> 4. C = <b>SKILL LAB</b> 5. D = <b>SELF STUDY</b> 6. E = <b>SELF STUDY</b>	L U N C H  B R E A K  A N D  N A M A Z  E Z O H A R	<b>SELF STUDY</b>